## **Vitalizm Farms CSA 2020 Offerings**

The list below is a good sample of what's available. Availability depends on weather. There will probably be some additional stuff available on a limited basis as add-ons

Month	What's growing	
Late May-June	Choice of 4	
	Lettuces: baby lettuce mix	Komatsuna: Red and Green
	Arugula	Herbs:
	Pea Shoots	Cilantro, Basil, Shiso, Rosemary
	Misome	Chives, Oregano, Parsley
	Kale: Red Russian	Spearmint, Peppermint
	Bright Lights Chard	Spinach
	Mixed Japanese Greens	Cherry Radishes
June- Early July	Choice of 4	
	Snap or Shelling Peas	Brocoli
	Hakurei Turnips	Radishes
	Perpetual Spinach	Green Onions: Tokyo Long
	Beets	If lucky: some strawberries
	Kale: Red Russian	Arugula
	Bright Lights Chard	Greens (above) and lettuce
July-August	Choice of 4	
	Early potatoes	Baby Carrots
	Pole Beans: Chinese Long Beans	Cucumbers
	Pole Beans: Trionfo Violetto	Kale: Red Russian
	Tomatoes: 1 large or 6 cherry-type	Bright Lights Chard
	Eggplants	Cocozelle summer squash
August-September	Choice of 4	
	Potatoes	Pole Beans: Trionfo Violetto
	Tomatoes: 1 large or 6 cherry-type	Eggplants
	Peppers	Cocozelle summer squash
	Green Onions	Melons
	Pole Beans: Chinese long beans	Garlic
	Shallots	Cucumbers
Sept-October	Choice of 4	
	Small winter squash: Delicata or Acorn Watermelon if available	
	Potatoes	Garlic
	Summer Squash	Shallots
	Pole Beans	Green Onions: Tokyo Long
	Cucumbers	Melons
Add-ons Available for pertinent weeks depending on availability:		
	Herbs	\$3 per bunch
	More of any large vegetable	\$ based on vegetable
	EGGS	\$6 per dozen
	HONEY	\$6 per 4oz jar